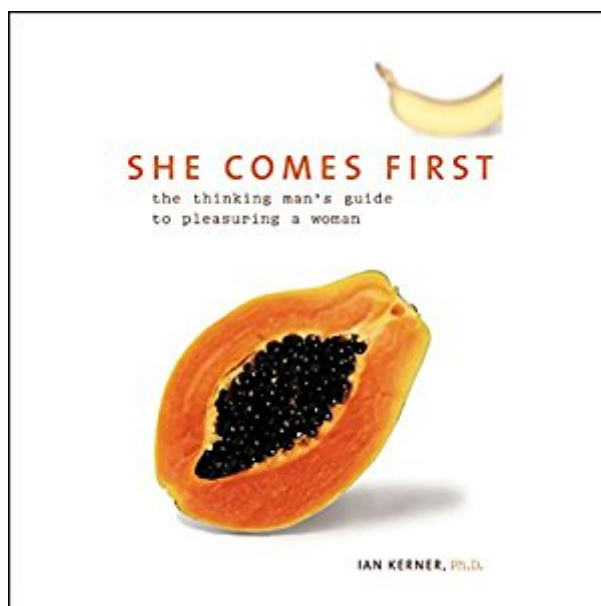


The book was found

She Comes First: The Thinking Man's Guide To Pleasuring A Woman



Synopsis

As women everywhere will attest, when it comes to understanding female sexuality, most guys know more about what's under the hood of a car than under the hood of a clitoris. And while it seems that men have struggled valiantly since the dawn of time to find ways to reliably elicit the female orgasm, rare is the guy who has the modesty to ask: "What do I do?" Ironically the answer has always been right there on the tip of his tongue. Welcome to the world of *She Comes First*, where the mystery of female satisfaction is solved and the tongue is proven mightier than the sword. According to Ian Kerner, clinical sexologist and evangelist of the female orgasm, oral sex has long been deemed an optional aspect of foreplay, but in fact, it's coreplay--simply the best way for leading a woman through the entire process of sexual response. Fun, informative, and easy to read, *She Comes First* is a virtual encyclopedia of female pleasure, detailing dozens of tried-and-true techniques for consistently satisfying a woman and step-by-step instructions to ensure success. These simple methods represent a new era in sexual intimacy, one in which the exchange of pleasure occurs on a level playing field and fulfillment is mutual. *She Comes First* exuberantly offers a fresh new sexual philosophy that inspires every man to make a mantra of Rhett Butler's infamous line to Scarlett O'Hara, "You should be kissed, and often, and by someone who knows how." --This text refers to the Audio CD edition.

Book Information

Audible Audio Edition

Listening Length: 4 hours and 38 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: HarperAudio

Audible.com Release Date: February 4, 2005

Whispersync for Voice: Ready

Language: English

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Best Sellers Rank: #2 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality #8 in Books > Health, Fitness & Dieting > Sexual Health > General #15 in Books > Self-Help > Sex

Customer Reviews

A friend recommended this book when I started dating after divorce. It is a very good book. It is written by a man who prefaces what he has to share with some personal background information

around his struggle with premature ejaculation and how that struggle led him to explore how to provide his partners with enough sexual stimulation to reach orgasm. If you are a man (or a lesbian) and read this you will undoubtedly learn a lot about how to pleasure a woman. If you are a straight woman you will learn a lot about how your body works and perhaps find it validating as it explains why so many women do not achieve orgasm during sex. The book does a great job of explaining how the female body works, what it takes to reach full arousal, and why so often, women do not get what they need during sex. There are anatomy lessons sprinkled in- I found some of that overwhelming. But overall this is a great book and worth a look.

Good for a single man or one in a committed relationship. Take your time reading this book it has a lot of good information

Bought this as a gift for my wife (not the book silly). It's helped me be smarter in the intimacy realm. I was never afraid to "go-down" and actually quite enjoy it, but was always worried I wasn't doing things right. Well, this book confirmed that and has made me an expert. Wife gives it two thumbs up, all day, everyday. Go for it fellows!

This is a great read that will teach you a lot if you give it the attention and consideration it deserves and also remember when it says every woman is different that is very true many things in here may have to be altered to perfectly fit your woman but that's up to you to figure out with the ways it tells you and she shows you

Excellent, will teach an old dog new tricks and she will love you for reading it!

My boyfriend requested this book and he says it has good content! I've skimmed it and it mostly stuff any sexually talented man would already know, but it's nice to have all the information in one place. If you're looking to give your partner any tips and tricks, this book is a good start!

fun, informative and easy read. wife gives this book five stars a couple times a week ;)

Great book for tips, however some parts are a little confusing to perform. Overall very satisfied with the information garnered.

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